



1st Iranian World Fitness Medalist Appointed as Woodball Association Board Member

10/22/2024 7:39:35 AM

Hassan Golestaneh, the first Iranian Champion of the World Fitness Championships and the founder of fitness sport was appointed as a member of the Board of Directors of Iran Woodball Association.

Iran NOC; Tehran: At the suggestion of Mehrdad Jamshidi, Secretary General of the Federation and President of the Iranian Woodball Association, Hassan Golestaneh, former world fitness champion, was appointed to the Board of Directors of the Woodball Association through an appointment letter signed by Dr. Hamid Azizi, President of Iran Golf Federation and member of the Executive Board of the National Olympic Committee. Hassan Golestaneh, the founder of the fitness in Iran and nicknamed Mr. Fitness of Iran, holds prominent international titles in bodybuilding. In 2016 and 2017, he was the first Iranian bodybuilding athlete to win

silver and gold medals at the world championships in Ireland and the United States, as well as holding the first professional fitness card from the United States.

In his brilliant sports career, in addition to being the runner-up in the Physics competition and receiving a Professional Physics card from California, USA, he was also selected as the best fitness trainer in the world in 2015. In 2016, Golestaneh achieved the world silver medal with more serious activity in the fitness sports was recognized as a History Maker of Iranian sports in bodybuilding. He is the first professional bodybuilding and fitness referee in Iran who has succeeded in receiving a referee's booklet from the World Federation.

Representative of the International Fitness Federation in Iran, the Chair of the Fitness Association of the Deaf Federation, the Secretary of the Sports Working Group of the Iranian Entrepreneurs Association, and an official member of the European Fitness Association, as well as the official representative of the Iranian and Armenian federations are included among his prominent sports background.