



**OLYMPIC DAY
2019**



NOC I.R. IRAN



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2019**
23-29 June



President's Message



Each year on 23rd June, people from all around the world celebrate the foundation of the modern Olympic Movement. Millions of people come together far from any kinds of discrimination to spread the Olympic Movement message indicating that Sport in the best apparatus for social liveliness, solidarity, equality, sportsmanship, and the well-being of body and soul for every human being at any time or place. The Olympic Week, organized in collaboration with National Federations and other sports bodies and participated by a wide and various population of society, provides a unique opportunity to focus on Sport – regardless of Win and Lose – as “How to Play so to Learn How to Live!” Following such a philosophy undoubtedly contributes to the success and prosperity in life and to the well-being of the body and mind in an atmosphere full of social liveliness. Emphasizing on three pillars of “Move, learn and discover” during the “Olympic Week”, I.R.Iran National Olympic Committee commemorates the 125th anniversary of the International Olympic Committee through organizing various physical, educational and cultural activities in order to encourage the society to practice and be active every day to make their lives joyful, healthy and dynamic.

Seyed Reza SALEHI AMIRI

Introduction

On 23rd June 1894, the delegates from 12 countries assembled in Paris voted unanimously to support Baron Pierre de Coubertin's proposal to revive the Ancient Olympic Games and the establishment of the International Olympic Committee (IOC).

For the first time in 1948, the first World Olympic Day was held with a total of nine National Olympic Committees (NOC) hosting ceremonies in their respective countries after that each year on Olympic day, people from all over the world come together to commemorate the creation of the modern Olympic Movement.

Aligned with the other NOCs around the world, the National Olympic Committee of the Islamic Republic of Iran, celebrated the 125th anniversary of the IOC for a whole week, organizing various sports, cultural and educational activities based on “Move, Learn and Discover” the three pillars of Olympic Day throughout the country.

The Organizing Committee



The Organizing Committee of “2019 Olympic Week”

Accordingly the members of the organizing committee have been appointed, the duties and responsibilities of each event has been specified to ensure that all necessary tasks have been completed.

Due to the inauguration of the I.R.Iran Sport, Olympic and Paralympic Museum, the Organizing Committee focused on organizing the main part of the events in the Museum this year- for those who lives in Tehran. This year nearly 5,000 participants across the country took part in the related Olympic Week events.

The program was delivered for the following target groups:

Sports Directors of
Tehran Municipality

PE teachers of
Ministry of Education

School Students

Journalists

Students of
Universities

Children

Environmentalists

Imam Ali children
Population

Mothers and Kids

The 1st day

The 1st day was allocated to the students from different schools all over the capital of Tehran. The students made acquainted with the Olympic Movement through participating in the Olympic Values Educational Workshop and then they have been involved in some art activities and quizzes.

To mark the event, some athletes came to the NOC Premises in order to share their experiences and sport life stories with the students aimed at inspiring a new generation to follow their dreams. The names of the athletes who showed up during the event are as follows:

1. Elaheh Ahmadi, Six Place in Shooting, Rio Olympic Games
2. Shahin Nasirinia, Weightlifting Olympian of Sydney & Athens Olympic Games
3. Hossein Tavakoli, Weightlifting Gold Medalist in Sydney Olympic Games
4. Arash Miresmaeili, Judo Olympian of Athens & Beijing Olympic Games
5. Ehsan Rouzbahani, Boxing Olympian of London & Rio Olympic Games

At the end of the program, they visited the recently inaugurated Sport, Olympic and Paralympic Museum.



The 2nd day

The 2nd day program was divided into 2 parts. Having been organized in Pardisan Park of Tehran, the first part was allocated to environmentalists and school students. The program was as follows:

1. Teaching Olympic concepts and values for students
2. General education of environmental issues in the Olympic movement for students
3. The Athletes' Role in the environmental protection for environmentalists
4. Discussing with Ali Pakdaman & Kimia Bagherzadeh, our athletes in Fencing and Dorsa Cheraghi & Fatemeh Zanjani athletes in Tennis for students
5. Waste minimization training for students
6. Visiting the Environmental Museum located in the Pardisan park
7. Cycling race with the emphasis on applying the competition rules and sports values



The 2nd part was organized at the NOC Premises with the participation of physical education students from several universities as well as some PE teachers. They participated in the Olympic Values Educational Workshops, and discussion groups with the presence of famous fencers namely Peiman Fakhri and Mojtaba Abedini and at the end, they visited the museum.



The 3rd day



On the 3rd day, I.R.Iran National Olympic Academy hosted the children of Imam Ali population (It is a charity whose primary objective is to aid underprivileged children from poor communities of the country). A special program was designed including medical examinations, physical fitness tests and cultural activities.

It is to be mentioned that the arrangements have been made for these children to visit the NOA monthly and participate in different cultural and educational sports activities



Sports Directors of Tehran Municipality also engaged in the program.

The 4th day

On the 4th day, NOC staff members were invited to enroll their own children for taking part in the event to be hold in the National Olympic Academy and the following activities have been carried out:

1. Visiting a Photo Exhibition named "Olympic Day Memories"
2. Bearing country, Olympic flags and Torch relay
3. Art and craft workshop
5. Individual and team sports activities
6. Discovering sports such as Mini Golf, Squash and Gymnastics
7. Discussing with the athletes



The NOC also hosted sports journalists on the same day. The special program for the sports journalists was designed:

1. Welcome speech by the NOC President who shared the inauguration news of the Olympic House and the 125th Anniversary of the Olympic Movement
2. Olympic Values Educational Workshop
3. Educational workshop on social media and sport
4. The Museum Visit Tour



The 5th day



The 5th day was devoted to Judo sport and around 1500 child athletes got together from all over the country in Afrasiabi Sports Complex in the presence of sports officials.

Alongside the event, talent identification team of Judo Federation showed up to detect and capture top child athletes to promote and lead them to the highest level.

Among other parts of the program, Arash Miresmaeili, Judo Olympian of Athens Olympic Games and Saeid Mollaei, Judo Olympian of Rio Olympic Games demonstrated a Judo fight which was unanimously welcomed by children.



The 6th day



The 6th day was devoted to engage mothers from Tehran city and their kids. The program was started by Olympic day walk in Enghelab Sports Complex and continued with some musical sports activities involving mothers and kids at the same time in the NOC Premises.



The 7th day

The 7th day of the Olympic Week was devoted to the activities of the National Sports Federations and Sports and Youth Bureau of several Provinces.



